



## THE TEN COMMANDMENTS FOR THE PERFECT LOOK ON YOUR WEDDING DAY. (...according to Lorenzo....)

Having been a hairdresser for more than twenty years, I have been privileged to be involved in hundreds of weddings throughout the UK and abroad. I have fashioned hair in the most elaborate styles but equally have done the most simple blow-dry and sets. Regardless of budget or status, the premier focus of the day should be, purely and simply, YOU.

Having the perfect hair on her wedding day is not just about the bride looking every inch the princess she's ever wished to be, but also about having the confidence to walk down the aisle knowing she is the envy of every female in the room.

So here are Lorenzo's Ten Commandments for perfect hair on the perfect day....

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### THOU SHALT PLAN...

'Fail to Plan - Plan to Fail' is regrettably an appropriate quote when it comes to organising a wedding. With all of the other details to consider, the last thing you want to leave to chance is how you look, so plan well and use experienced people in all areas of your planning.

### THOU SHALT BOOK EARLY...

As many popular or exclusive venues may be booked up to two years in advance, apply the same process to thinking about your hair – the sooner you start to focus on your image and the way you wish to look on your biggest day ever, the better.

### THOU SHALT CREATE...

Helpful style guides like mood boards and scrap books. These are a great idea to record all of your ideas, from hairstyles to dress fabrics, to florists and transport. Put all of your ideas, however trivial and silly they may seem at first onto boards or in books, to help visualise ideas you have. These come in really handy when it comes to communicating with professionals and explaining your ideas.

### THOU SHALT DECIDE...

Early on whether you wish for a contemporary or a classic look for the day, so that theme can flow through all aspects of decision making. Again mood boards are great for communicating this if you are not sure.

### THOU SHALT DISCUSS...

Your mood boards or scrap books with your stylist during your regular appointments and tell them about the decisions you have made such as dress, tiaras, veils etc. This allows you to revisit ideas and starting this process at least six months before the wedding gives you enough time to review your options for the day.

### THOU SHALT NOT....

Listen to the world and his wife about how the day should run. Take advice from the professionals you employ and those who are close to you, as they are the people with a true interest in your contentment. Too many opinions will confuse you and leave you unable to make a decision.

### THOU SHALT WORK BACKWARDS...

From the big day and plan all of your appointments for colours, cuts, conditioning treatments and beauty treatments so that all of your preparations are complete two weeks before your day. Conditioning treatments are essential and I recommend a course of Shu Uemura volumising, moisturising and strengthening treatments for the scalp and hair. It's an absolute must for a reflective and polished finish to your hair.

### THOU SHALT SMILE...

For your final hair trial, which I recommend you should have two weeks before the day, as I like to photograph and time the session so we know exactly how long to allow on the day and to make sure you are completely happy with your look. If there are bridesmaids and others needing to be styled, time needs to be allocated for them and possibly extra trials need to be arranged so there are no surprises on the day.

### THOU SHALT NOT...

Be radical with your colour or cut too close to the wedding day!

### THOU SHALT NOT STRESS...

On the big day, your hair and make-up 'appointment' should be properly scheduled into your timetable to ensure that you leave enough time to get into your dress and add a few finishing touches before the photographer arrives. Nerves on the day will be considerably reduced if you set a sensible timetable and stick to it!

So follow all of this advice and Thou Shalt Wed happily ever after!

